



LEAD BY EXAMPLE

Amateur Boxing Club



England Boxing & Lead by Example A.B.C. Best Practice Code of conduct – PARENTS & CARERS

In order to gain the best experience from their involvement in sport, children and young people generally rely on their parents / carers for both emotional and financial support. This influence can be critical as their child becomes involved in competition and even more so national squads. It is hoped that the following will prove useful to parents and carers to play a positive part in their child's progress in amateur boxing.

- Support your child's involvement and help them to enjoy all that amateur boxing has to offer.
- Encourage respect for the rules of amateur boxing, promote and support fair play and the acceptance of an official's decision.
- Encourage recognition of good performance in others as well as themselves be a good sport
- Do not applaud opponents unforced errors or their misfortune.
- Uphold high standards of behaviour, appearance and the importance of being a good team player and lead by example.
- Establish a positive partnership with the coach in order to help provide the best possible balance between the demands of amateur boxing, education and home.
- Ensure that your child is aware of all the arrangements made for team tours and trips.
- Be punctual when collecting or delivering your child to the gym or venue.
- Ensure that your child fully understands the requirements of this Codes of Conduct for boxers.
- Never exert undue pressure on your child to compete or to gain results. Be realistic about your child's ability.



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- Always use appropriate language and ensure your child does the same.
- Under no circumstances condone a rule violation or the use of prohibited substances including alcohol and tobacco.
- Ensure that your child understands that they should take responsibility for their own safety.
- Show respect and trust the coach working with your child.
- If you have any questions or queries, please deal directly with the coach and not in front of the child. Do not compromise the relationship between the coach and the child.
- Encourage your child to take responsibility for their own actions both in and beyond the competition / training ring e.g., not blaming others or seeking excuses for their own shortcomings or mistakes, encourage their greater independence.
- You should immediately inform your child's coach if the child sustains an injury or illness however minor which will affect in any way the child's ability to train or compete.
- In liaison with the coach, it may be your responsibility to transport your child to ensure punctuality at training sessions and at arrival and departure points when travelling to training camps, tours or competitions.
- When travelling to events, please ensure that you do not compromise the authority of the coach or team manager, it is always preferable that if travelling, you should find accommodation in an alternative hotel to that which the team is residing in.
- When at training or competition, always remember that your role is that of supporter. Please allow the coach space to work with your child and never comment publicly on any instruction the coach may give as this could be counter productive.



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- If you are acting as a 'responsible adult' for the team, you must have successfully completed a ABAE approved 'Safeguarding & Protecting Children workshop'.
- You should always ensure that coaches, team managers and boxers are aware at all times of how you may be contacted when / if needed whilst the child is away from home taking part in boxing activities.
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